

NEWSLETTER

APR-JUN 22

# ST MERKORIOUS CHARITY



## A Word from our Founder

**Paula Nicolas**



*"The best way to find yourself is to lose yourself in the service of others". Mahatma Ghandi*

"The backbone of the St Merkorious Charity is in the steady search for higher purpose through serving the less fortunate. We strive daily to immerse ourselves in providing for the desperate needs of the many that have come to depend on us.

"In that humbling place where they reach out to us, we begin to truly see ourselves and to experience remarkable transformations that bring us even more joy than those we provide for.

"We cannot thank all our volunteers and sponsors enough and all those who provide St Merkorious with the endless support to continue our mission. As we progress through 2022, we wish our communities good health and blessings and look forward to a rich year of service and success".

## Easter Appeal

Easter is one of those great opportunities to give our clients a little something extra special to help them celebrate with a smile.

Thank you to Cathy from @yourlocaldetailer for the generous donation. We thank all those who continue donate goods, time and effort to support St Merkorious.



## Passionate Volunteers

We are always thrilled to have the amazing students of St Patrick's College Strathfield volunteering in their school holidays. We truly appreciate their dedication and effort and thank the school staff, with special mention to Ms Gillian Daley, for encouraging such a spirit of service.



In April, we were also very fortunate to have some great volunteers from KPMG Australia who offered their assistance over a two week period. We are very grateful for the time they gave in helping us at St Merkorious Charity.

## Art Course

Picasso once said that *"art washes away from the soul the dust of everyday life"*. Through art we seek an expression of the deepest part of ourselves.

We extend our appreciation to Strathfield City Council for the grant of \$5000.00 that allowed St Merkorious Charity to offer a 6 week Art Course to our clients and the community.

We are grateful to our artist Ms Safaa Shaker for volunteering and giving so much of her time to share her passion and talent.

Connection to creative arts taps into an inner healing power by encouraging deep self-awareness and expression, and in fact strengthens critical biological functions.



## Postponed



Due to wet weather and COVID, we were forced to postpone two of our annual fundraising events this year.

However, we are excited to announce that our "Ladies Luncheon" is now planned for Thursday 25th August 2022. Our family day of fun, "Day At The Bay" will now be held on Sunday 18th September. We look forward to enjoying these wonderful days with our

St. Merkorious family of sponsors, supporters, volunteers and the wider community. We are always humbled by the generosity and support of those in need.

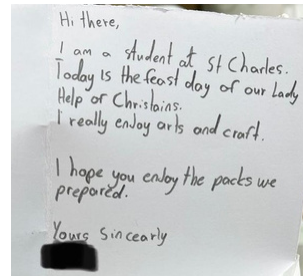
To register for a sponsorship package for "Day At The Bay" or for further information, please contact us on (02) 9799 9954 or go to our website at [www.stmerkorious.org.au](http://www.stmerkorious.org.au)



## St Charles Catholic Primary School

We would like to sincerely thank Father Greg Morgan of Ryde-Gladesville Catholic Parish for his loving support of our charity's mission. Grateful for the generous donations of food which he provided through the community of St Charles Catholic Primary School (Ryde) and the Church Parish.

There were heart-warming messages written by students to those in need and placed inside Care Hampers highlighting their love for service.



## Rotary Club welcomes our Founder and President

On behalf of St Merkorious Charity, we would like to thank the Rotary Club of Strathfield for acknowledging the hard work of our Founder and President, Paula Nicolas.

Paula was welcomed and formally Inducted by the Rotary Club as a Rotarian in April 2022.

*Congratulations!!*

## Strathfield Rotary Charity Ball

It was an honor to be invited to attend the Annual Strathfield Rotary Club's Charity Ball in May. We greatly appreciate the Club's efforts to raise awareness and highlight the work of St Merkorious Charity by showcasing videos of our work. We look forward to partnering with Rotary for future projects.



# Outreach Services

## Parramatta and Rhodes

A big thank you to all of our volunteers and a special mention to Father Bestawros. We are grateful for all of the time and effort you put into St Merkorious every week! We could not do what we do without your consistent help. You are all amazing!



## How can you help....

Our mission at St Merkorious is to *"share the bread"*, and this is not possible without the ongoing support of our friends within the community who share our passion.

We are always in need of donations of pantry, fresh food items and daily essentials.

Tax deductible donations are also a huge help to our daily operations.

We warmly welcome volunteers; we know your time is valuable and we appreciate every minute that you can spare out way.

Every single contribution helps in a big way.

If you feel that you may be able to assist, please contact our office on (02) 9799 9954 or visit our website at [www.stmerkorious.org.au](http://www.stmerkorious.org.au)

We thank our ever-growing family at St Merkorious.

<https://stmerkorious.org.au/>